Reframe Psychology

Dyspraxia / DCD

Compassionate, strengths-aware books about coordination, identity, support and everyday life.

A Trip into a Dyspraxic Person's World
Charlotte O'Neill
DCD

An illustrated, warm guide to dyspraxic identity, everyday routines, school support and feeling proud of how your brain and body work.

We Are the Dyspraxia Champions!
Alison Patrick
CHILDREN

Introduces dyspraxic children through their interests, talents and individual profiles, while naming the support that can help.

Caged in Chaos
Victoria Biggs
TEENS

A lived-experience guide for teenagers, using humour and honesty to explore school, organisation, self-esteem and growing up dyspraxic.

Can I Tell You About Dyspraxia?
Maureen Boon
INTRO

A simple child-led introduction that helps children, siblings, classmates and adults understand dyspraxia and helpful support.

The Dyspraxic Learner
Alison Patrick
PARENTS

A practical guide for parents, educators and older learners around learning, organisation, memory, study and future planning.

Reframe additions are editorial recommendations, not endorsements or diagnostic guidance.
A small list of books that make room for both strengths and support needs.